



**MEDIA RELEASE - FOR IMMEDIATE RELEASE  
THREE DOWN, TWO TO GO - DON'T MISS OUT!**

VICTORIA, BC, September 10, 2009. On September 9, 2009, after a really wet rainy day the sun came out for our third race of the **Mountain Equipment Co-op (MEC) Wave Grabber Race Series** which took place at the Gorge Rowing and Paddling Centre (GRPC). We are over half way through our series with only two races to go attracting all types in single and double ocean kayaks, surf-skis, K1 (Flatwater Kayak) and canoes, racers chose from one, two or three laps of a 1.4km loop. After racing, participants celebrated and socialized on the docks of GRPC, enjoying a delicious BBQ and draw prizes.

MEC and GRPC have started the Wave Grabber series to promote recreational paddling in the community, and invite any and all types of paddlers to attend. Races are \$10.00 to participate, including boat rental, race fees and BBQ. Private boats are also welcome. We welcome anyone who is interested to come down and participate or cheer the paddlers on!

**Race #3 Results!**

Course	Time	Name	Boat Type
1 lap	11:02.77	Sheryl Eldridge	single kayak
1 lap	11:26.14	Emily Kersey	single kayak
1 lap	11:58.92	Kyle May	single kayak
1 lap	12:14.62	Lise Gagnon	single kayak
2 laps	17:59.10	Tan Barkley	single kayak
2 laps	18:09.77	Roy Scully	single kayak
2 laps	18:32.20	Brendan Sutcliffe	single kayak
2 laps	18:39.65	Andrew Walker	single kayak
2 laps	18:56.21	Eryn Doyle	single kayak
2 laps	19:16.35	Monica Butt	single kayak
2 laps	20:44.04	Dustin Reitzfeld	single kayak
2 laps	23:48.78	Anne-Marie Sorvin	single kayak
2 laps	26:19.57	Paul pugana	single kayak
3 laps	19:47.84	David Nykl	K1
3 laps	19:52.56	Jeromme Truran	K1

3 laps	21:44.45	Richard Young	surfski
3 laps	22:42.15	Christie Avenant	surfski
3 laps	23:23.95	Harley Preston	surfski
3 laps	23:58.11	Coll Gordon	single kayak
3 laps	26:31.39	Glen Pearson	single kayak
3 laps	27:53.08	Adrian Sordu	single kayak
3 laps	34:03.33	Knoll Stevenson	single kayak

---

Check out Race Photos and general information at [www.wavegrabber.ca](http://www.wavegrabber.ca)!  
Race Results also posted at [www.gorowandpaddle.org/media/results.php](http://www.gorowandpaddle.org/media/results.php)!

#### Upcoming Race Dates

Race 4: September 23

Race 5: October 7

-end-

**GO Rowing and Paddling Association of Canada** is a non-profit Amateur Athletic Association, and Registered Charity, dedicated to sharing the benefits of rowing and paddling sports with Canadians of all ages & athletic abilities. **GRPC (a GO Centre)**, offers community based rowing and paddling programs for all ages and abilities.

#### GO Rowing and Paddling Association of Canada

(250) 658-6333 | 1-866-658-6333 | [info@gorowandpaddle.org](mailto:info@gorowandpaddle.org)

View this media release and others at [www.gorowandpaddle.org/media](http://www.gorowandpaddle.org/media).

