



MEDIA RELEASE - FOR IMMEDIATE RELEASE

WAVE GRABBER RACE #4 A GREAT SUCCESS! FINAL RACE IN TWO WEEKS - DON'T MISS OUT!

VICTORIA, BC, September 24, 2009. On September 23, 2009, the **Mountain Equipment Co-op (MEC) Wave Grabber Race Series Race #4** took place at the Gorge Rowing and Paddling Centre (GRPC). This new five race series, has only one race left this season (October 7) and is attracting all types in single and double ocean kayaks, surf-skis, K1 (Flatwater Kayak) and canoes - Racers choose from one, two or three laps of a 1.4km loop. After racing, participants celebrate and socialize on the docks of GRPC, enjoying a delicious BBQ and draw prizes.

MEC and GRPC have started the Wave Grabber series to promote recreational paddling in the community, and invite any and all types of paddlers to attend. Races are \$10.00 to participate, including boat rental, race fees and BBQ. Private boats are also welcome. We welcome anyone who is interested to come down and participate or cheer the paddlers on!

Race #4 Results!

Course	Time	Name	Boat Type
2 laps	17:09.56	Roy Scally	single kayak
2 laps	17:48.41	Tim Green	OC1
2 laps	19:51.69	Monica Butt	single kayak
2 laps	24:40.54	Lita Vickers & Courtney Grange	double kayak
2 laps	26:18.89	Troy Mckenzie	single kayak
2 laps	28:23.17	Patrick Doyle	single kayak
2 laps	28:57.61	Nathan Zalazar	single kayak
2 laps	29:03.29	Lindsay Dobson	single kayak
2 laps	29:08.84	Katherine Green	single kayak
2 laps	30:22.47	Mary Ellen Green	single kayak
2 laps	31:13.55	Albert Zalazar	single kayak
3 laps	19:45.65	David Nykl	K1
3 laps	19:53.98	Jerome Truran & Lisa Fryer	K2
3 laps	19:59.73	Craig Bosenberg	surfski
3 laps	20:45.52	Kevin Kirkland	single kayak
3 laps	20:54.74	Richard Young	surfski

3 laps	23:25.40	Herley Preston	K1
3 laps	23:48.22	Coll Gordon	single kayak
3 laps	25:53.93	Glen Pearson	single kayak
3 laps	26:05.01	Andrew Walker	single kayak
3 laps	26:26.88	Alastair Champion	single kayak
3 laps	28:12.14	Andrian Serdu	single kayak
3 laps	29:23.80	Andrew Dibnah	single kayak
3 laps	29:27.70	Brad Hewitt	single kayak
3 laps	29:46.62	Alvin Ng	single kayak
3 laps	30:33.66	Michael Jakeman	single kayak

For Race Series information, results, and photos, visit www.wavegrabber.ca.

Upcoming Race Dates

Race 5: Wednesday, October 7 – The final race of the season! Don't miss out! Come on down!

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GO Rowing and Paddling Association of Canada is a non-profit Amateur Athletic Association, and Registered Charity, dedicated to sharing the benefits of rowing and paddling sports with Canadians of all ages & athletic abilities. **GRPC (a GO Centre)**, offers community based rowing and paddling programs for all ages and abilities.

GO Rowing and Paddling Association of Canada

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