



Wednesday, May 30, 2007



Re: A Bigger and Better Super Sprints! Event Wrap Up and Results!

Hello Paddlers!

The 3rd annual Spring Super Sprints are in the book, and for the second year in a row the Gorging Dragons walked away with the top prize with 1st year champ Xtreme Reach taking 2nd. Featured in the races was a brand new pink Millennium dragon boat built in dedication to 2006 World Champion survivor crew Island Breaststrokes and the contribution that survivors have made to the sport of dragonboating over the years. The fastest time of the day - 1:00.26 - was posted in the mixed division final, but the races were capped off by the inaugural women's challenge, won by the Waverunners from Nanaimo. 29 teams took part in the event, nearly doubling the 15 teams that raced in the first year. Strong cross winds were a change from the usual ideal weather, and made for some interesting scenarios at the start line. Despite the wind, the experienced GO Rowing and Paddling Association race management team pulled off a well-run and on-time event.

- **Results** are on the next page of this document or online at www.gorowandpaddle.org/events in the 2007 Results section.

We would like to thank everyone for participating and we hope you enjoyed the event (we did!). In addition, we would like to thank the visiting teams from Cowichan, Nanaimo, Sprout Lake, Port Alberni, Comox, and Salt Spring Island, for attending! We hope to see you next year for an even bigger and better Super Sprints!

Have a great paddling season.

GO Rowing and Paddling Association of Canada

(250) 658-6333 | 1-866-658-6333 | info@gorowandpaddle.org | www.gorowandpaddle.org/events

Upcoming 2007 Festivals still accepting registration

Nanaimo Paddlefest – June 23
Save on Foods Nanaimo Dragon Boat Festival – July 6 to 8
Richmond Dragon Boat Festival – June 21
RE/MAX Vancouver Island Dragon Boat Championships – August 11
Victoria Dragon Boat Festival – August 17 to 19
Raymond James Penticton Dragon Boat Festival – September 8

www.gorowandpaddle.org/events

115-2940 Jutland Road, Victoria, BC, V8T-5K6
phone (250) 658-6333 • fax (250) 658-6340
www.gorowandpaddle.org

3RD ANNUAL GORGE DRAGON BOAT SUPER SPRINTS

Gorge Rowing and Paddling Centre

Sunday May 27, 2007



| RACE | Description | Time | Winner | Time | Second | Time | Third | Time | Fourth | Time | Fifth | Time |
|------|-------------------|----------|-----------------------|---------|----------------------------|---------|------------------------------|---------|------------------------------|---------|-----------------|---------|
| 1 | Heat 1 | 10:00 AM | Blu By U | 1:09.35 | Dogpaddlers | 1:13.00 | VCKC Gung Ho | 1:13.21 | Homegrown Dragons | 1:23.08 | Prevailing Wins | 1:25.73 |
| 2 | Heat 2 | 10:10 AM | Dragonauts | 1:07.54 | VCKC Ageless Warriors | 1:17.18 | Excalibur | 1:18.70 | Cowichan Valley Dragon Divas | 1:26.83 | - | - |
| 3 | Heat 3 | 10:20 AM | Gorging Dragons | 1:02.08 | Team Phoenix | 1:15.84 | Snogard Dragons | 1:16.72 | Island Breaststrokers | 1:26.77 | - | - |
| 4 | Heat 4 | 10:30 AM | NAVY Dragon Anchors | 1:06.03 | Dragonrunners | 1:12.09 | VCKC Vasuki Dragons | 1:14.64 | Ladies of the Lake | 1:25.51 | - | - |
| 5 | Heat 5 | 10:40 AM | PI | 1:05.97 | Paddlers of the Fifth Moon | 1:10.12 | Dragon Butz | 1:15.34 | GRPC JUNIORS | 2:29.31 | - | - |
| 6 | Heat 6 | 10:50 AM | ssSteam Heat | 1:08.17 | St'Keya | 1:08.56 | Sunshine Dragons | 1:19.20 | Apalala | 1:22.34 | - | - |
| 7 | Heat 7 | 11:00 AM | Xtreme Reach | 1:04.32 | Dragonslayers | 1:07.80 | Amazing Greys | 1:23.26 | Moving Targets | 1:34.17 | - | - |
| 8 | White Semi 1 | 11:30 AM | Excalibur | 1:17.95 | Homegrown Dragons | 1:21.83 | Prevailing Wins | 1:24.30 | Moving Targets | 1:29.92 | - | - |
| 9 | White Semi 2 | 11:40 AM | VCKC Ageless Warriors | 1:11.97 | Ladies of the Lake | 1:15.54 | Apalala | 1:17.14 | Cowichan Valley Dragon Divas | 1:25.39 | GRPC JUNIORS | 2:37.03 |
| 10 | White Semi 3 | 11:50 AM | Sunshine Dragons | 1:11.78 | Snogard Dragons | 1:14.52 | Amazing Greys | 1:19.80 | Island Breaststrokers | 1:21.50 | - | - |
| 11 | Red Semi 1 | 12:00 PM | Dogpaddlers | 1:11.60 | Paddlers of the Fifth Moon | 1:12.15 | VCKC Vasuki Dragons | 1:13.93 | Team Phoenix | 1:19.64 | - | - |
| 12 | Red Semi 2 | 12:10 PM | Blu By U | 1:07.96 | Dragonrunners | 1:10.98 | VCKC Gung Ho | 1:11.73 | Dragon Butz | 1:19.76 | - | - |
| 13 | Blue Semi 1 | 12:20 PM | NAVY Dragon Anchors | 1:04.35 | Xtreme Reach | 1:04.50 | Dragonslayers | 1:05.65 | St'Keya | 1:09.98 | - | - |
| 14 | Blue Semi 2 | 12:30 PM | Gorging Dragons | 1:02.31 | Dragonauts | 1:05.73 | PI | 1:06.15 | ssSteam Heat | 1:10.30 | - | - |
| 15 | White Final C | 1:00 PM | GRPC JUNIORS | 1:15.97 | Island Breaststrokers | 1:24.25 | Cowichan Valley Dragon Divas | 1:26.49 | Prevailing Wins | 1:26.64 | Moving Targets | 1:38.75 |
| 16 | White Final B | 1:10 PM | Apalala | 1:20.40 | Ladies of the Lake | 1:23.77 | Amazing Greys | 1:27.46 | Homegrown Dragons | 1:36.11 | - | - |
| 17 | White Final A | 1:20 PM | Sunshine Dragons | 1:14.02 | VCKC Ageless Warriors | 1:14.47 | Excalibur | 1:14.95 | Snogard Dragons | 1:18.05 | - | - |
| 18 | Red Final B | 1:30 PM | VCKC Vasuki Dragons | 1:09.61 | VCKC Gung Ho | 1:09.88 | Dragon Butz | 1:13.49 | Team Phoenix | 1:14.75 | - | - |
| 19 | Red Final A | 1:40 PM | Blu By U | 1:08.33 | Paddlers of the Fifth Moon | 1:11.40 | Dogpaddlers | 1:11.58 | Dragonrunners | 1:13.36 | - | - |
| 20 | Blue Final B | 1:50 PM | PI | 1:06.85 | ssSteam Heat | 1:07.14 | Dragonslayers | 1:07.99 | St'Keya | 1:10.24 | - | - |
| 21 | Blue Final A | 2:00 PM | Gorging Dragons | 1:00.26 | Xtreme Reach | 1:04.18 | NAVY Dragon Anchors | 1:04.31 | Dragonauts | 1:06.77 | - | - |
| 22 | Woman's Challenge | 2:10 PM | Dragonrunners | 1:13.59 | Ladies of the Lake | 1:23.58 | Island Breaststrokers | 1:24.40 | Cowichan Valley Dragon Divas | 1:25.24 | - | - |