



## COMMUNITY CORPORATE ROWING CHALLENGE

### WELCOME ROWING TEAMS!

Welcome to the **2010 Victoria Community Corporate Rowing Challenge**. We are proud to be celebrating our 17<sup>th</sup> anniversary and this year promises to be another exciting season with plenty of rowing, team building and fun for you and your crew. Below is some important event information that you will need to know.

#### 2010 SCHEDULE OF EVENTS

<b>Friday, April 9</b>	First Night! Friday and Sunday Crews
<b>Monday, April 12</b>	First Night! Monday and Wednesday Crews
<b>Tuesday, April 13</b>	First Night! Tuesday and Thursday Crews
<b>Sunday May 23</b>	Friday and Sunday crews finish.
<b>Wednesday, May 26</b>	Monday and Wednesday crews finish.
<b>Thursday, May 27</b>	Tuesday and Thursday crews finish.
<b>Saturday, May 29</b>	Championship Regatta. Gorge Rowing & Paddling Centre

- Please arrive 15 minutes early to practice and lock personal belongings in your trunk.
- **Custom Crews:** If you are unsure of your session start date, please call 250-658-6333.

#### CENTRES AND CONTACTS

**Gorge Rowing & Paddling Centre**, 105-2940 Jutland Road (Selkirk Waterfront)  
Programs Supervisor, Sarah Mitchell - sarah@gorowandpaddle.org, 250-380-4668

**Victoria City Rowing Club**, 5100 Patricia Bay Hwy (Elk Lake)  
VCRC Program Coordinator, Torin Rivers 250-658-5331

**West Shore Rowing & Paddling Centre**, #77-2005 Sooke Road (Esquimalt Lagoon)  
Manager, Brett Malcolm – brett@gorowandpaddle.org 250-391-2592

#### TEAM REGISTRATION FORMS

If you have not already done so, please ensure that your team registration with an accurate roster are filled out and faxed to 250-658-6340. The registration form is posted on the website at [www.rowrowrow.ca](http://www.rowrowrow.ca) in the "Event Information" section. **This must be done by April 9.**

#### TEAM UNIFORMS

Your team can order custom uniforms from Row West for the Championship Regatta on May 30. Please visit [www.rowwest.com](http://www.rowwest.com) for contact details.

#### CHAMPIONSHIPS REGATTA – MAY 29, ALL DAY

The main event, the Championship Regatta, will be held at the Gorge Rowing and Paddling Centre. In the Regatta, crews will put their skills to the test in a friendly and exciting competition, where they are guaranteed two races (weather permitting). Top placements will be awarded with trophies, medals and ribbons. Updates on the Championship Regatta will be emailed and posted online at [www.rowrowrow.ca](http://www.rowrowrow.ca).

### **2010 PLEDGE DRIVE - IN SUPPORT OF DYNAMIC OPPORTUNITIES FOR YOUTH**

The 2010 Community Corporate Rowing Challenge teams are raising funds in support of **Dynamic Opportunities for Youth**. This national rowing program is designed to share the lessons and benefits of sport with youth at risk by teaching focus, discipline, goal setting, and promotion of self esteem. **Pledge packages will be provided in the coming weeks.**

### **ADDITIONAL INFORMATION**

Additional information and updates will be posted on our website at [www.rowrowrow.ca](http://www.rowrowrow.ca). Championship Regatta information will be posted on the website in the weeks leading up to the event.

**Our priority is for you, the teams, to have a fun, exciting and memorable experience. If you have any questions or comments about the program, please do not hesitate to contact us. Thank you again for participating!**

Wishing you Happy Rowing,

**Go Rowing and Paddling Association of Canada**

[info@gorowandpaddle.org](mailto:info@gorowandpaddle.org)

250-658-6333 (Tel)

[www.rowrowrow.ca](http://www.rowrowrow.ca)

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