



# 2010 DRAGON BOAT PROGRAM GUIDE

(250) 754-1991 or email [info@gorowandpaddle.org](mailto:info@gorowandpaddle.org)  
[www.nanaimopaddling.com](http://www.nanaimopaddling.com)

NANAIMO PADDLING CENTRE OFFERS PROGRAMS AND SERVICES IN DRAGON BOAT & OUTRIGGER CANOE

## REGISTRATION POLICIES

**Fees:** Registration fees cover liability insurance, administration, and use of the facility and equipment. Prices do not include TAX, uniforms, festival or regatta entry fees or coaching unless specifically noted. Program Fees are non-transferable and cannot be shared by more than one person.

**Payment:** All fees must be paid in full prior to program start date. Registrants who have not paid will not be permitted to participate. A non-refundable \$500 deposit is required to reserve your practice time slot for extended dragon boat programs. The balance is due 30 days after your first practice. Payments can be made by Visa or MasterCard over the phone.

**Late Enrollment:** With the exception of our Introductory Programs, enrollment is continuous and there is no pro-rating is offered.

**Refunds:** Refunds are only applicable to introductory paddling programs. To qualify for a refund, participants must give notice within 48 hours of the second session – This is the Refund Deadline. Refunds are calculated based on the number of sessions attended and a 25% administration fee. Refunds will be processed as an account credit or returned in the same manner in which they were received. Program withdrawals after the refund deadline due to illness or injury require doctor's certification.

**Program Cancellation:** We reserve the right to cancel programs if enrollment quotas are not met; in this situation all registrants will be notified. *Coached programs will not run on statutory holidays unless specified.*

**Missed Sessions:** It is the responsibility of the participant to attend scheduled sessions. Missed sessions will not be made up. In the unforeseen circumstance that an Introductory session is canceled due to weather, a make-up session will be rescheduled. Cancelled sessions due to the transportation of equipment for festivals and events or inclement weather will not be rescheduled. Boat transportation schedules will be made available in advance.

**Mission Statement:** The Nanaimo Paddling Centre exists to provide the community with an opportunity for a positive experience in Dragon Boating and Outrigger Canoeing. At the NPC we aim to facilitate excellence not only in those who participate in this sport, but also in our staff and program delivery.

### REGISTRATION & INFORMATION

250-754-1991  
Email. [info@gorowandpaddle.org](mailto:info@gorowandpaddle.org)

### CONTACT AND LOCATION

DRAGON BOAT SESSIONS  
Pioneer Waterfront Plaza  
B Float Port Authority Boat Basin

### DRAGON BOAT EVENTS

Nanaimo Harbour  
Maffeo-Sutton Park

NPC IS THE OFFICIAL LOCAL TRAINING CENTRE  
FOR THE NANAIMO DRAGON BOAT FESTIVAL



**NPC is a GO Centre.** GO Rowing and Paddling Association of Canada (GO) is a not-for-profit Amateur Athletic Association dedicated to sharing the benefits of rowing and paddling sports with Canadians of all ages & athletic abilities. For more information on GO, please visit [www.gorowandpaddle.org](http://www.gorowandpaddle.org) or call 1-866-658-6333.



## ADULT DRAGON BOAT

### FULL SEASON

**After January 5 to September 8**

For **experienced** recreational and competitive teams. Teams must provide their own coach and coaches must attend Coaching clinic provided by GO Rowing & Paddling Association (GO).

3 x per week     \$4600+Tax/Team  
2 x per week     \$3362+ Tax /Team  
*Coaching not included*

### PARTIAL SEASON

**March 22 to August 12**

For **experienced** recreational and competitive teams. Teams must provide their own coach and coaches must attend Coaching clinic provided by GO.

2 x per week     \$2999+ Tax /Team  
*Coaching not included*

### NOVICE TEAM AND STEW PROGRAM

**May 17 to July 8**

For **novice** teams and individuals to prepare for the Nanaimo Dragon Boat Festival. Sign up on your own or with a group of your friends!

Individual         \$199+ Tax  
Team                \$4400+ Tax /Team  
*2 sessions per week with coaching.*  
*Includes Nanaimo Paddlefest and Nanaimo Festival Entry*

### CORPORATE

**After June 1 to July 8**

For **companies or corporations** that wish to train for the festival on a random schedule to allow for employee flexibility.

Six Sessions       \$2835+ Tax /Team  
*Random Schedule with Coaching*  
*Includes Nanaimo Paddlefest and Nanaimo Festival Entry*

### CONTINUING DRAGON BOATING

**July 13 to September 8**

For **continuing Stew and Novice** teams, or teams and individuals who are "late starters" to the sport. The two program options will prepare you for the Island, Victoria and Penticton Festivals.

To Victoria        \$1200+ Tax /Team  
To Penticton      \$1750+ Tax /Team  
*2 sessions per week with coaching.*  
*Includes entry into the Gorge Fest Regatta on August 7, 2009.*

### EXTRA DRAGON BOAT PRACTICES

For registered teams only. Call today for information!

### DRAGON BOAT PROGRAM NOTES

- Please review our Registration Policies on the first page of this document.
- All teams have the opportunity to participate in Dragon Boat Festivals (entries not included).
- Team size consist of 20 paddlers, 4 spares, a steersperson, & drummer
- **Coaching clinic and steering accreditation dates to be announced.**

## DRAGON BOAT EVENTS

- **Nanaimo Paddlefest & Pledge Drive – June 26:** A local dragon boat regatta to prepare teams to race in the Nanaimo Dragon Boat Festival and to raise money for the Nanaimo & District Hospital Foundation. [www.gorowandpaddle.org/events](http://www.gorowandpaddle.org/events)



- **Nanaimo Dragon Boat Festival – July 9-11:** Visit [www.nanaimodragonboat.com](http://www.nanaimodragonboat.com) for details. Produced by the Nanaimo Dragon Boat Festival Society. [www.nanaimodragonboat.com](http://www.nanaimodragonboat.com)



## OUTRIGGER CANOE

See Outrigger Canoeing at [nanaimopaddling.com](http://nanaimopaddling.com).

## YOUTH PROGRAMS

### YOUTH PADDLING PROGRAM

The youth paddling program involves learning the basics of dragon boating and outrigger canoeing, from the lingo to the stroke technique. Paddlers will prepare for competition in regional events, as selected by the coach. Under Development - Contact us for Details

### SCHOOL PROGRAMS

School field trips, group and custom programs available. Contact us for Details

### ADAPTIVE

Contact us for details.

## GROUPS AND CUSTOM PROGRAMS

Do you have a special group that would like to try one of our water sports or would you like a customized program specific for your needs? Let us know and we will try our best to meet your needs!

**Contact us to register or for more information!**