

Learn to Row Instructor Work Shop

July 18 & 19, 2009 – Fort Langley, British Columbia

Hosted By: Fort Langley Rowing and Paddling Centre
Facilitated By: Rowing Canada Aviron & Rowing British Columbia

The Learn to Row Instructors workshop is a two day (approx 12 hour) **National Coaching Certification Program (NCCP) / Coaching Association of Canada (CAC)** accredited coach education workshop. The workshop is intended for all those coaches and rowers wishing to instruct participants new to rowing (Ex. Learn to Row, Adult and Youth (Juniors), Novice University-College programs and is also applicable to those coaching recreational participants. This course is also suitable for existing rowers wishing to increase their own skill and knowledge in the sport of rowing.

Everything from safety, to analyzing the rowing stroke to an actual “hands on” practical session with real live learn to rowers is covered. This workshop follows a new competency based approach to coach education which engages those coaches involved rather than lecturing.

Cost: \$125+GST (Maximum 12 participants)

Dates: July 18 - 9am to 5pm, July 19 - 9am to 1pm

Instructor: Jennifer Parfitt, Rowing Canada Domestic Development Officer, Sport Development

Hosted by: Fort Langley Rowing and Paddling Centre & Rowing British Columbia

Workshop Location: Riverside Centre – Riverside Community Room, 9271 -9277 Glover Road Fort Langley BC (adjacent to Fort Langley Rowing and Paddling Centre).



Note: This course is a pre-requisite to be eligible for novice/recreational coaching employment with the GO Rowing and Paddling Association of Canada Affiliate Centres. Visit www.gorowandpaddle.org.

Hosted By: Fort Langley Rowing and Paddling Centre

Space is limited, so please register early. To register contact:

Go Rowing and Paddling Association of Canada

Toll Free: 1-866-658-6333

Email: info@gorowandpaddle.org

Web: www.gorowandpaddle.org

